

Dear Applicant,

The *Professional Coaching Course* is rigorous and can be demanding. We assume that each student who applies is fully apprised of the scope of work required to complete the program and agrees to take full responsibility for her/his well being during the year.

Given the demands of the program and the strong learning environment we wish to create, we take great care in our selection process. We seek applicants who demonstrate stability, reliability, and resourcefulness in their lives; the intellectual and emotional capacity to work with the course material; and openness to learning and personal growth.

Acceptance into the program includes several steps: approval by the *Coaching to Excellence* or *Integral Coaching Principles* course instructor, completion of this application (including a photo, essays and \$500 deposit), and approval of the application by the Professional Course leader.

If you are not accepted into the program, we will promptly refund your deposit. If you have any additional questions, you may request to schedule a conversation with the Professional Course leader.

We appreciate the opportunity to work with you and promise to act in good faith to deliver high quality coaching programs toward your development as a coach and human being.

Best regards,



Stacy Flaherty
President

PROFESSIONAL COACHING COURSE
APPLICATION

Name: _____
Last First Preferred

Mailing Address: _____

_____ City State Zip

Telephones: H: _____

Check preferred #: W: _____

C: _____

Birthdate (mm/dd/yy): / /

Email: _____

Relationship Status: _____

No. & ages of Children: _____

Educational Background [college(s) attended, degree(s) received]:

Employer: _____ Job Title: _____

Length of Time:

Duties:

PCC section for which you are applying:

City: _____ Start Date: _____

Please indicate how you completed (or are scheduled to complete) the prerequisite:

_____ Course Leader Dates Location

SUBMIT YOUR APPLICATION BY MAIL, EMAIL OR FAX TO THE REGISTRAR.

Include a photo (head shot) and essays. Choose a payment plan and pay the deposit online.

NEW VENTURES WEST

PO Box 591525

San Francisco CA 94159-1525

Fax: 1.415.666.0558

Email: registrar@newventureswest.com

Questions? 1.800.332.4618 or 1.415.221.4618

PROFESSIONAL COACHING COURSE **ESSAYS**

Please answer the questions in a Word document and submit it with the first page of the application.

1. Why do you want to be trained as a Professional Coach?
2. What is your experience of coaching people? Of being coached?
3. At New Ventures West you will become a member of an active coaching community dedicated to the study of Integral Coaching. As a first step, we ask that you assess yourself in the following categories. The definitions are below. For each assessment, please cite several examples as evidence of your assessment. Please complete the work on 2-3 pages.

- Cognitive The ability to make observations in a particular field of activity (e.g., business, philosophy, cooking) and then to synthesize the observations into a coherent understanding. “Understanding” means that possibilities for action are seen, accurate predictions can be made and potential breakdowns foreseen.
- Emotional The ability to discern your own emotional states, what are you feeling at this moment, what is the background emotional tone of your life, what emotions are present when you experience difficulties, etc.; also, the ability to discern the emotional state of others, even when they themselves may be oblivious to it or denying it. This includes the ability to stay present and available in relationship and in communication in the midst of strong emotional events, be they yours or others.
- Somatic The ability to observe what is happening in your body, e.g. energized, tired, heavy, open, tight, etc., and to include what you observe into your understanding of the current moment. It’s being able to tap into the wisdom of your body that may have a different insight into what’s happening than your intellect or your emotions.
- Relational The ability to initiate and sustain mutually satisfying relationships. This competence includes being able to listen deeply and communicate profoundly with a wide variety of individuals and groups. Also included is the ability to compromise, see the world from different points of view, and be supportive of others’ intentions. The ability to set aside one’s own desires for the sake of the relationship while maintaining a sense of one’s own worth and dignity.
- Spiritual The ability to create a life dedicated to the benefit of everyone, not only for the advantage of yourself, family, company or clan. This means the competence to initiate and sustain practices that strengthen your bond to the wide web of life connecting all people, all living systems and all things. This also includes developing ourselves into an active member in communities dedicated to compassion, wisdom and service to others.

4. How well have you integrated all these aspects into your daily life?
5. What did you learn from engaging in this exercise and how will you apply this in the year of the program?